



# NEWSLETTER

## GLENMORE PARK PROBUS CLUB Inc.

### No. 149 WEDNESDAY 16th. AUGUST 2017



probusglenmorepark.com.au

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**FIVE ETHICS OF LIFE:** **Listen:** Before you speak. **Earn:** Before you spend.  
**Think:** Before you write. **Try:** Before you quit. **Live:** Before you die.

#### EDITORS COMMENT

I must be starting to get the hang of this Newsletter business, it's only Thursday 3rd August, and I have already got two thirds of it planned! Of course, I can't complete until after I get all the reports in from next weeks committee meeting and we have a second Movie this month on Saturday, 'Dunkirk'. The Movie group is expanding rapidly, we had ten for pre-movie lunch at The Mountain Blue Cafe ( much healthier than a bucket of popcorn at Hoyts ) then Margaret & Ron Greenfield joined us for the movie, 'My Cousin Rachel'. Being a period melodrama, I wasn't particurly looking forward to it ( one of the sacrifices one makes for a happy marriage! ). But, I have to say, I was pleasantly surprised. The acting throughout was top drawer and without giving too much away, the ending was ambiguously clever, which made Post Movie discussion split into two schools of thought. And, in my male chauvinistic opinion, any film featuring Rachel Weiss is always worth watching. The only "fly in the ointment" was, that sitting in front of "The appendage" of the four, yes FOUR, male members of the Movie Group were two middle aged ladies that were still on their mobiles, presumably Facebooking their 'friends' to tell them how good the movie was. When I asked them, politely, if they wouldn't mind turning them off as the film had started, I was answered with a rather brusque 'I was about to!'

I was mainly concerned for Ernie, the mobiles were shining straight in his eyes and as we all know, he likes to catch 'forty winks' or so during the boring bits. :-) There was also the added bonus, from his lovely daughter, who happened to be in the auditorium, that if he was a good boy, he would get an ice cream!

There are a couple of photos of The Movie group having lunch in Mountain Blue and as it was a slow month for photos, I have taken the Editors liberty of including a couple of our youngest grandson, Shae Davis, representing N.S.W. at The 2017 Australian Championships of Artistic Roller Skating near Brisbane. He won a gold and a silver medal. This has been a month of birthdays and anniversaries for Barbara and I. The above mentioned Shae was eight and our eldest grandson, Flynn, was sixteen, just two of the five reasons why it will be the anniversary of our third year, on Saturday, of living permantly in Australia and may I say, ( wiping a tear from my eye ) that the best times have been since we joined Probus.

This months biography is of our Professor Kaila Kailasapathy, and as we all know, he has more qualifications than you could shake a stick at. But as he and his wife Shantha, like many of us, had pressing grandchildren duties, it wasn't possible for me to interview him, so this is his official biography. But don't worry, at a later date, I will ask Shantha if I can include her biography and that way I will get the more personal view.

Glen Davis

#### LAST MEETING

Meeting declared open at 10:40 **VISITORS:** Richard Pereira, Sue Mason. **APOLOGIES:** Irena McKenzie, Pat Montgomery, Irene Noble, Gail Kelly. **BIRTHDAYS:** Dianne Sankey-Morris, Norma O'Sullivan, Anne Harrison, Gail Kelly, Josephine Rossetto, Shantha Kailapathy. **MINUTES:** Tabled from June meeting. **BUSINESS ARISING:** Card & voucher for milestone Birthdays, 80,90,95,100. **CORRESPONDANCE:** 1) Letter via email to Jenny re trip. 2) Certificate of Currency received from PSLP. 3) PSLP AGM results. 4) Bus company re trip on Great Ocean Road. 5) Q & A invite. 6) Copy of PSPL Insurance Certificate. **TREASURERS REPORT:** Rosina Ward: Bank statement not available yet to new treasurer. **TOURS REPORT :** Christine Brenton: Help requested to organise events, 64 in club, so might need to combine with other clubs to fill bus. Entertainment - My Fair Lady, Sleeping Beauty Ballet. Luncheon - Every 4th Wed. Start August 23rd, 12:30 at Glenbrook Bowling Club. Tour - Hunter Valley Xmas Lights, no accommadation, maybe next year. Carol King tickets 17th. Jan. \$70. Glenn Miller suggested at The Joan. Let Christine know favourite places to eat.. **PROGRAM REPORT:** Rayella Haines: **August:** Francine Ousten - Importance of appropriate exercise. **September:** Jennifer Farrer - 200 years of eary Australian Botany. **October:** Mannings Funeral - Rodney Rietdyk. **November:** Ret. Lt. Col. Peter Sweeney - History, battle field guide RANS. **December:** ? **January:** Graham Wilcox - Author of Federation. **MEMBERSHIP REPORT:** Barbara Davis: no issues. **WELFARE REPORT & CINEMA:** Carole Gregory: Phone calls to Jean Howard & Anne Johnson. Carol to buy cards for milestone Birthdays. **Movies:** 'My Cousin Rachel' - 1:30 pm. 22nd July, lunch first 12:00. 'Dunkirk' 10:45am 5th Aug. Lunch after. **HOSPITALIES REPORT:** Kay Cane: No issues. **NEWS REPORT:** Glen Davis: Small apology, misspelling of Ernie's Mother's Maiden name in Bio. Should be Veitch not Beach. **GENERAL BUSINESS:** Canasta at Kays: moved to 2nd Wednesday of month 11:00am at Kay's house. **ROVING MICROPHONE:** July meeting Nick names: Speakers, Ernie, Rayella, Jeanette, Rob, Glen. **Guest Speaker:** Catherine Severino on eye health. Very well presented and relevant to many members. Diseases included Cataracts, Glaucoma, Macular Degeneration and Diabetes. **Door Prizes:** Lorraine Batterham & Elaine Humphrey. **Meeting closed 12:15pm, next meeting Wednesday 16th August 2017 at approx. 10:30am.**

## THIS MEETING

Our guest speaker for Aug. is Francine Ousten - Importance of appropriate exercise. Roving mike. Vivid memories.

## AUGUST BIRTHDAYS

**Irena McKenzie: 7th. Kay Cane: 9th. Rosina Ward: 14th. Elsie Bremner: 22nd. Alayne Humphries: 31st.** Although 70 is not on our list of 'significant' birthdays, two of our ladies have reached that milestone this month. They know who they are and I offer them congratulations from the membership.

## WELFARE

Phone calls to Gwen Head & Clarence Go. Also, a phone call & card to Rayella Haines. We wish them all a speedy recovery and hope to see them all very soon.

## MOVIE GROUP

On Saturday 5th am we saw "**Dunkirk**". Probably one of the most intense films I have ever watched, even Ernie stayed awake the whole time! 19th Aug. 11:00am "**The Beguiled**". Starring Nicole Kidman & Colin Farrell, a wounded Union soldier is cared for by a group of school girls in Virginia with the inevitable rivalries and sexual tensions. 16th Sept. "**Victoria & Abdul**". Queen Victoria strikes up an unlikely friendship with a young Indian clerk named Abdul Karim. (Based on a true story)(Times available next month)

## ACTIVITY GROUPS

**CANASTA @ KAYS HOUSE:** The **2nd. Wednesday** of the Month 11:00 a.m.

New members welcome, just speak to **Kay Cane** at our meetings or by phone as listed under **Hospitality** on The Newsletter Heading.

**CHESS & PHOTOGRAPHY:** Any members who are interested in either of these activities can speak to **Brian Corlis** either at our meetings or by phone as listed under **Public Officer** on The Newsletter Heading.

**WALKING GROUP:** Any members that are interested in improving their fitness and general health with walking should speak to **Pat Ryan** either at our meetings or by phone as listed under **Secretary** on The Newsletter Heading.



## AUSSIE SLANG - V - COCKNEY RHYMING SLANG

Following on last month's theme of how Cockney slang can be shortened to the first word of the rhyme, it was pointed out to me by a friend from the Eastend of London, Neil Wilkinson, that I missed out another 'Tom' which is '**Tom Tit**', no interpretation needed me thinks!

Continuing in the lavatorial theme, one of the most famous Australian slang words of course is the '**Dunny**'. My Dinkum Aussie Dictionary gives the following definition which, I am sure, some of you might correct!

"An outside lavatory or *bog*, which has given rise to the following famous jingle. '*Don't sit upon the Dunny seat, The*

*crabs in here can jump six feet.*' '**Dunnican**' was a pan removed once a week by a specially trained '**Dunnican**' man at the dead of night in non-sewered metropolitan areas. Apart from his wages, his annual reward was either half a crown or a dozen at Christmas". One Cockney version ( although, like Australia, there are many for lavatory ) is **Benghazi**.

Sometimes shortened to '*the Ben*' but more often '**The Carzey**'. The battle for Benghazi was the allies first major victory of WW2. The word '*Carzey*' or '*Khazi*' is an example of a slang that is based on the Italian language called '*Parleyaree*'. It was originally employed by circus and fairground people but was adapted and popularised by mainstream theatricals, especially in the BBC radio series '**Around the Horne**' & '**Beyond our Ken**'. One more Australian one that took my fancy that I hadn't heard before '**Choke a brown dog**'. I, again, quote from my book "Almost anything will '*choke a brown dog*'. The phrase normally goes '*Jeez, that pie was as rough as guts, it would choke a brown dog, it would*'. Why brown dogs in Australia are more susceptible to ptomaine poisoning than those of a different colour remains a mystery".

## DID YOU KNOW?

I just had to include this one! '**Barbara and her Barns**' (bairns, children). '*When a thick band of cloud blankets the western sky with smaller cloud bands above and below it*'. "*This is an obscure reference to **St. Barbara**, who was saved from execution by her own father when he was struck dead by a bolt of lightning just as he was about to chop of his daughter's head. Saved by this unexpected intervention, **St. Barbara** became associated with the power to control thunderstorms and was therefore invoked as a protectress against them.* (The National Trust - 'Salt of the Earth').

'**The Bitter end**' is the absolute end. "*This phrase, like many, has it's origins at sea and is nothing to do with taste. On the sailing ships of past centuries, the anchor was fixed to the deck by solid bollards made of iron and wood known as **'bits**'. Coloured rags were tied to the rope near the deck end and once they were revealed crewmates knew the anchor could not be let out much further. The rope between the anchor and rag was known as the **'Bitt end**' or the **'Bitter end**'. To be at the **'Bitter end**' meant there was no rope left and the water was too deep to set the anchor.*

(Red Herrings and White Elephants by Abert Jack).

## DISCLAIMER

This Newsletter is prepared in editorial format for the information of members. It is written with care and in good faith but does not necessarily reflect Probus policy nor does the Editor accept responsibility for any action taken by any reader because of information contained within.



**KAILA KAILASAPATHY** was born in Batticaloa, East of Sri Lanka, famous for its “singing fish” and international surfing! He was the youngest member of a family of 4 (with two sisters and a brother). He was educated at Shivananda Vidyalaya (Ramakrishna Mission), later at St. Michaels College in Batticaloa. From his school days, he did field athletics and won a number of prizes. He was also interested in music and the Baila dance (a traditional Sri Lankan dance, derived from the Portuguese). He graduated with B.SC (Hons) degree from Peradeniya University in 1972, soon after he was employed as a lecturer at the same University.

He then got married to his wife Shantha in 1976, and they both went to Obihiro University in Hokkaido, Japan to study MSc, where they lived for more than two years. They enjoyed Japanese living where “East met the West” and made a number of long-standing friends. They became fluent in Japanese language, and even now can communicate in Japanese. The only thing they hated was the cold winter, where the refrigerator in the house is warmer than the temperature inside the house! Kaila then graduated with a Ph.D from Pennsylvania State University, USA in 1982, after which he returned to Sri Lanka and continued to lecture at Peradeniya University. In the midst of the extreme ethnic violence in Sri Lanka, Kaila and Shantha decided to emigrate with their two daughters, Saumya and Dhivya. Saumya now works at Asian Development Bank in Manila and Dhivya is an anaesthetist at Cairns Hospital. Kaila was employed at Otago University in Dunedin, New Zealand and in 1988 the family migrated to Sydney, Australia.

The family have lived in Penrith and Glenmore Park ever since. Kaila was employed at the University of Western Sydney as an Associate Professor in Food and Nutritional Sciences. In 2010, Kaila received the prestigious International Dairy Scientist Award of the year, offered by the American Dairy Science Association, acknowledging his ground breaking research on human gut health and probiotics. This award is the most notable of the numerous awards he has received over the span of his research and teaching career. He then went to work as a Professor at Taylor’s University, Malaysia and returned to University of Western Sydney as an adjunct Professor.

Both Kaila and Shantha are blessed with a grandson, Aaryan Rajagopal and granddaughter Noura Myer Kailasapathy. Kaila is enjoying his retired life, playing guitar, composing songs and singing karaoke as well as writing and publishing a number of research and text books.

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*As Kaila’s official Biography isn’t overlong, I have included an edited transcript of a newspaper article about **Joan (Bobbie) Kersten**, one of our members. She has kindly given me permission to do this and I will do it with great care as I have already received a mild admonishment for describing her wonderful volunteer work as ‘achievements’! In my humble opinion, from where I stand, her volunteer works still look like marvelous achievements. Glen Davis, Editor.*

Creativity, exercise and lifelong learning. That’s the key to a long, happy life according to Bobbie. The archetypal volunteer, she never seems to run out of energy and enthusiasm. She studied fashion design and spent her early working life in the fashion industry. She later worked in the administration section of TAB. On retiring in 1990, Bobbie joined Sydney University of the third age (U3A). For almost three decades she has attended classes, served as a committee member for the inner West region and acted as organiser and leader of events and out there activities. Through U3A Bobbie has combined her love of the bush, joy of dance and passion for history. She spends time researching and leading walks with a touch of history thrown in and in giving dance lessons. She also volunteered at Everglades Historic House and Garden in Leura for ten years. As if that wasn’t enough, she also enjoys bushwalking, painting, yoga, Washi art, tai chi, ancestry and canasta. In her **spare** time she is an avid traveller!

## CALENDAR OF EVENTS

Wed. 23rd. Aug. noon, Lunch at The Glenbrook Bowling Club.

Wed. 27th. Sept noon, lunch at Penrith Gaels Cultural & Sports Association Club, 75 Richmond Road. ( cnr. Glebe Place ) Kingswood.

Wed. 25th. Oct. 11:30am - 1:30pm High Tea at Old Government House, Parramatta Park. \$48.

Wed. 13th. Dec. Christmas party at Mulgoa Reception (byo) put it in your diary, details to follow.

Wed. 17th. Jan. 2018: Beautiful - The Carol King Story, Lyric Theatre 1:00pm. Tickets \$70.\*

\*Please pay by the September meeting, latest.



Above, the notorious Glenmore Park Probus Movie Group, enjoying lunch in the Blue Mountain Cafe after the movie "My Cousin Rachel"



Shae Glen Davis, left & below performing in under 10's Free, winning the Silver Medal. Right, receiving the Gold Medal for under 10's Figures.



## THE FUNNY CORNER



New design cell phone for seniors



## FISHING FOR WHISKY

"Poor old fool" thought the well dressed gentleman as he watched an old man fish in a puddle outside a Pub. So he invited him in to the Pub for a drink. As they sipped their Whiskies. the gentleman thought he would humour the old man and asked "So, how many have you caught today?" The old man replied "Umm, let me think, yes you must be the eighth!" Moral of the story. Don't mess with old folks especially when they are thirsty.

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